

Stations of the Cross

Ed Quindipan, CCOP

Text adapted from CatholicOnline.com
Art Credit - <http://www.wischik.com/irene/cross/>

Process

Adult Leader/Description: An adult will read the introduction for each Station.

Youth Reader: (reflection) Youth readers have volunteered and hopefully know their 'assignment'.

Adult Reader: (reflection) Adult leader will read the reflection

All: Our Father.... Hail Mary.... Glory Be to the Father.... (quietly pray the prayer in bold)...**Adult leader** will lead.

Leader/Close: (closing prayer for Station) Adult leader will

All: Amen

We would love cameras to be on, but not required. Asking everyone to stay muted except for the youth readers and adult leaders when reading. There is one video at Station 12 (you may turn off your camera to allow for smoother streaming).

Our Father (Lord's Prayer)

Our Father,
who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
Amen.

Hail Mary

Hail Mary, full of grace,
the Lord is with you.

Blessed are you among women,
and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Note about the Art

In 2000, the Catholic Church in Lodwar, Kenya completed construction. They needed a Stations of the Cross in the Church and a local artist came up with imagery that represented the local Turkana people instead of the traditional images normally gracing modern Churches. The art is described as follows; “Faces, dress and places would be authentically Turkana. Soldiers would be Kenyan, not Roman. Pilate would wear the traditional dress of a Turkana chief and the cross would be a rough piece of a local tree. Lodwar's shops and houses would be the background in many of the Stations.”

Art is titled **“Through Nomadic Eyes: Stations of the Cross in Lodwar Cathedral, Kenya”**

In our goal to be inclusive at CCOP, I've used these images for our Stations of the Cross and the images can be found here - <http://www.wischik.com/irene/cross/> . I hope you enjoy them.

Jesus is Condemned to Death

1



Leader/Description: Jesus, you stand all alone before Pilate. Nobody speaks up for you. Nobody helps defend you. You devoted your entire life to helping others, listening to the smallest ones, caring for those who were ignored by others. They don't seem to remember that as they prepare to put you to death. We adore you, O Christ, and we praise you.

Youth Reader: As youngsters, sometimes we feel alone. Sometimes we feel that others don't stand up for us and defend us when we are afraid. Sometimes we don't feel like we are treated fairly, especially if we are scolded or corrected.

Adult Reader: As an adult, sometimes I feel abandoned and afraid as well. Sometimes I too, feel like I am treated unfairly or blamed for things unfairly. Help me be grateful for what you did for me. Help me to accept criticism and unfairness as you did, and not complain. Help me pray for those who have hurt me.

All: Our Father.... Hail Mary.... Glory Be to the Father....

Leader/Close: May the souls of the faithful departed, through the mercy of God, Rest in peace. The first Station, Jesus is Condemned to Death. By Your holy cross You have redeemed the world.

All: Amen.

Jesus receives His Cross

2



Leader/Description: Jesus, as you accepted your cross, you knew you would carry it to your death on Calvary. You knew it wouldn't be easy, but you accepted it and carried it just the same. We adore you, O Christ, and we praise you.

Youth Reader: As youngsters, sometimes we don't like the problems that come our way. Sometimes we try to get others to take care of them or solve them for us. Sometimes we become upset and crabby when asked to do even the smallest thing to help others.

Adult Reader: As an adult I sometimes feel like I'm not appreciated. Sometimes I feel as if I accept more responsibility than I need to. I can feel sorry for myself, even though the crosses others carry are much larger than my own. In my self-pity, I don't reach out to help.

All: Our Father.... **Hail Mary**.... Glory Be to the Father....

Leader/Close: May the souls of the faithful departed, through the mercy of God, Rest in peace. The second Station, Jesus Accepts his Cross. By Your holy cross You have redeemed the world.

All: Amen.

Jesus falls for the First time

3



Leader/Description: Jesus, the cross you have been carrying is very heavy. You are becoming weak and almost ready to faint, and you fall down. Nobody seems to want to help you. The soldiers are interested in getting home, so they yell at you and try to get you up and moving again. We adore you, O Christ, and we praise you.

Youth Reader: As youngsters, sometimes we start to do something, but then get tired of it. We hurry to get finished and sometimes don't do our work well. Sometimes we don't pay attention to what we should be doing. When things get hard for us, sometimes we give up.

Adult Reader: As an adult, I sometimes put things off. I give up too easily, and sometimes don't do my work as well as I know I can. I call on you, Lord, to pardon my wrongdoings; may Your grace aid me.

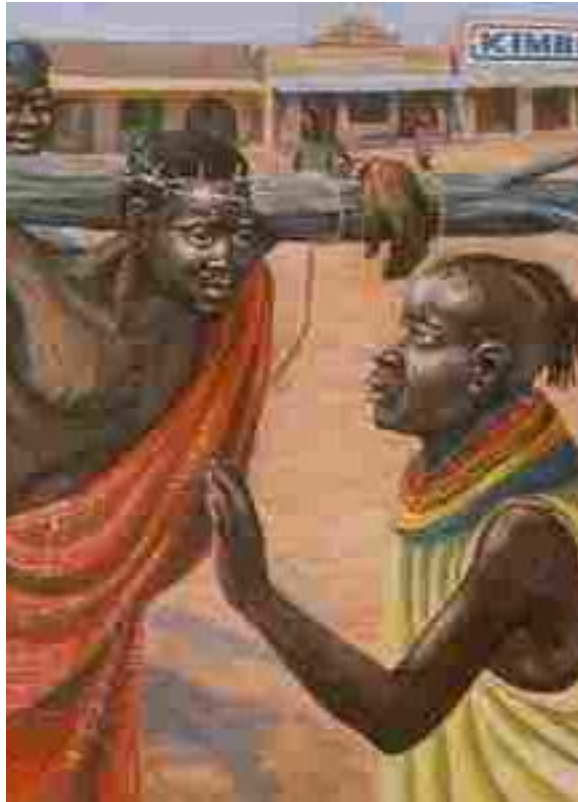
All: Our Father.... Hail Mary.... **Glory Be to the Father....**

Leader/Close: May the souls of the faithful departed, through the mercy of God, Rest in peace. The third Station, Jesus Falls for the First Time. By Your holy cross You have redeemed the world.

All: Amen.

Jesus meets His Mother

4



Leader/Description: Jesus, you feel so alone with all those people yelling and screaming at you. You don't like the words they are saying about you, and you look for a friendly face in the crowd. You see your mother. She can't make the hurting stop, but it helps to see that she is on your side, that she is suffering with you. She does understand and care. We adore you, O Christ, and we praise you.

Youth Reader: As youngsters, sometimes we feel like too many things are going on. Sometimes others don't act kindly. We need to look around for a friendly face, and for the help we need. We need to share our troubles with those who truly care about us.

Adult Reader: As an adult I sometimes feel overwhelmed by many things. Life is so competitive, and I worry so much about my future and those who have some control over it. I need to remember that being an adult does not mean having to solve every problem all by myself. I need to look around me for a friendly face, for the help I need.

All: Our Father.... **Hail Mary**.... Glory Be to the Father....

Leader/Close: May the souls of the faithful departed, through the mercy of God, Rest in peace. The fourth Station, Jesus Meets His Mother. By Your holy cross You have redeemed the world.

All: Amen.

Simon of Cyrene helps Jesus to carry His Cross

5



Leader/Description: Jesus, the soldiers are becoming impatient. This is taking longer than they wanted it to. They are afraid you won't make it to the hill where you will be crucified. As you grow weaker, they grab a man out of the crowd and make him help carry your cross. He was just watching what was happening, but suddenly he is helping you carry your cross. We adore you, O Christ, and we praise you.

Youth Reader: As youngsters, sometimes we see people who need our help. Sometimes we pretend not to hear when our parents call us. We disappear when we know others could use our help.

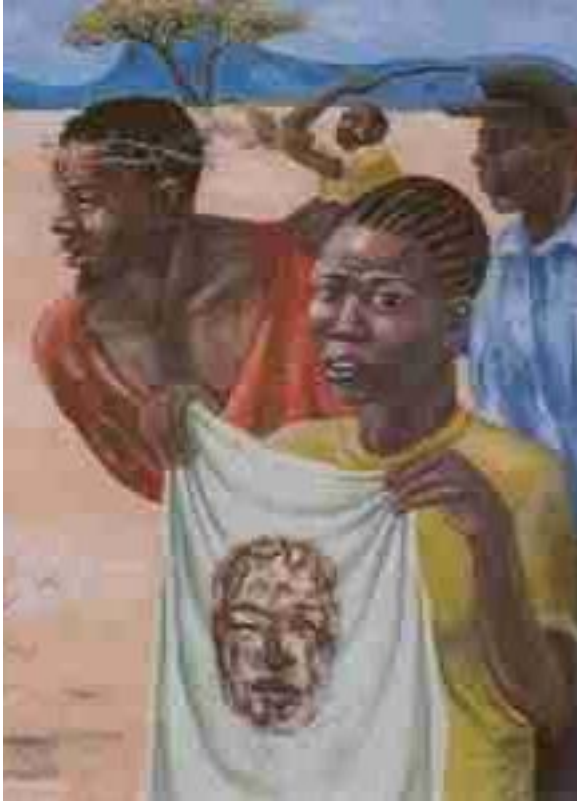
Adult Reader: As an adult, sometimes I try to do as little as I can and still get by. Others might need my help, but I ignore their needs. Even when I'm asked to help, I sometimes claim to be too busy. My Jesus, give me grace to recognize when I can help others who desperately need it.

All: Our Father.... Hail Mary.... Glory Be to the Father....

Leader/Close: May the souls of the faithful departed, through the mercy of God, Rest in peace. The Station five, Simon of Cyrene helps Jesus to carry His Cross. By Your holy cross You have redeemed the world.

All: Amen.

Veronica wipes Jesus's face



Leader/Description: Jesus, suddenly a woman comes out of the crowd. Her name is Veronica. You can see how she cares for you as she takes a cloth and begins to wipe the blood and sweat from your face. She can't do much, but she offers what little help she can.

We adore you, O Christ, and we praise you.

Youth Reader: As youngsters, sometimes we know someone could use a little help and understanding. They may be teased by others, or just sad or lonely. Sometimes we feel bad that others don't step in to help, but we don't help either.

Adult Reader: As an adult, I notice the needs around me. Sometimes a co-worker, friend, or family member could use help or understanding, and I don't seem to notice. My tender Jesus, me to notice when others are in need, as did Veronica with her simple act of kindness to help You see the way.

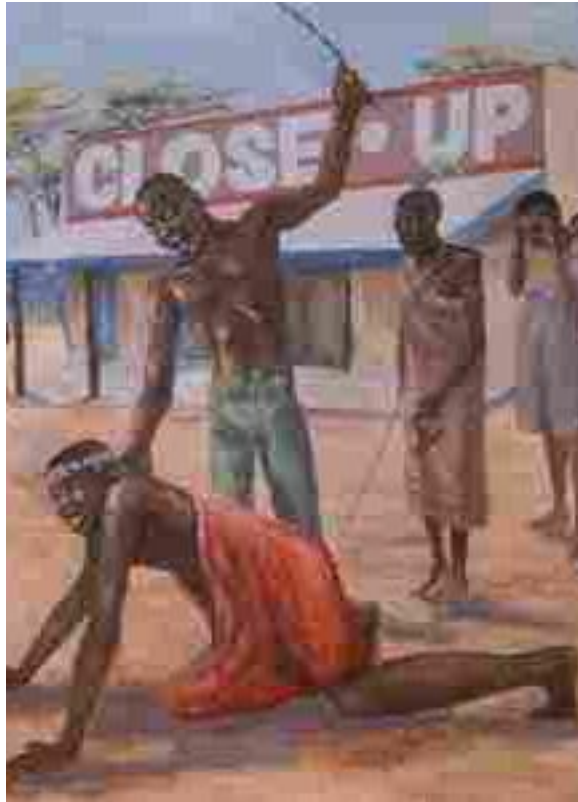
All: Our Father.... **Hail Mary**.... Glory Be to the Father....

Leader/Close: May the souls of the faithful departed, through the mercy of God, Rest in peace. The Station six, Veronica wipes Jesus's face. By Your holy cross You have redeemed the world.

All: Amen.

Jesus falls for the Second time

7



Leader/Description: This is the second time you have fallen on the road. As the cross grows heavier and heavier it becomes more difficult to get up. But you continue to struggle and try until you're up and walking again. You don't give up. We adore you, O Christ, and we praise you.

Youth Reader: As youngsters, sometimes things get us down. Others seem to find things easier to do or to learn. Each time we fail, we find it harder to keep trying.

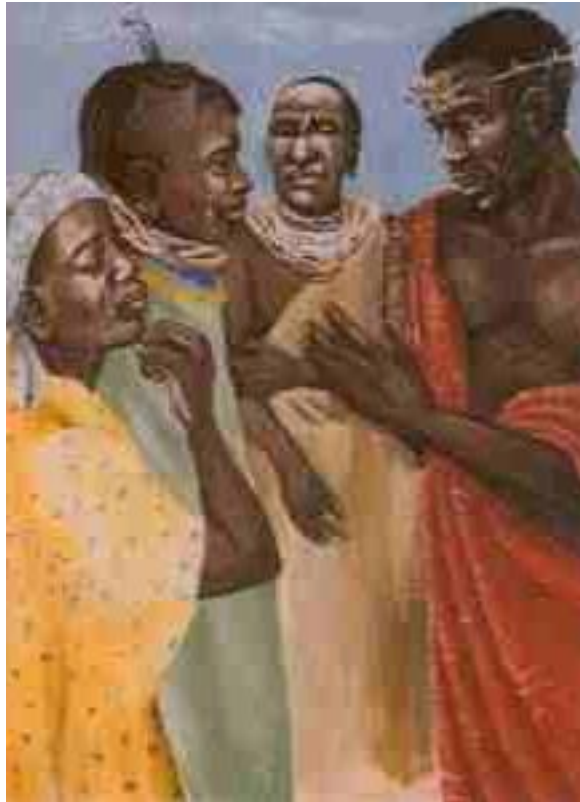
Adult Reader: As an adult, sometimes I think I should know more than I do. I become impatient with myself and find it hard to believe in myself when I fail. It is easy to despair over small things, and sometimes I do. Help me when things seem difficult. Even when it's hard, help me get up and keep trying as you did. Give me grace that I may not fall again.

All: Our Father.... Hail Mary.... **Glory Be to the Father....**

Leader/Close: May the souls of the faithful departed, through the mercy of God, Rest in peace. The Station seven, Jesus falls for the Second time. By Your holy cross You have redeemed the world.

All: Amen.

Jesus meets the Women of Jerusalem



Leader/Description: Jesus, as you carry your cross you see a group of women along the road. As you pass by you see they are sad. You stop to spend a moment with them, to offer them some encouragement. Although you have been abandoned by your friends and are in pain, you stop and try to help them. We adore you, O Christ, and we praise you.

Youth Reader: As youngsters, sometimes we think a lot about ourselves. We think about what we want and would like people to spend their time pleasing us.

Adult Reader: As an adult, sometimes I act like a child. I become so absorbed in myself and what I'd like that I forget about the needs of others. Help me think more about others. Help me respond to them even when I'm busy or preoccupied with my own problems.

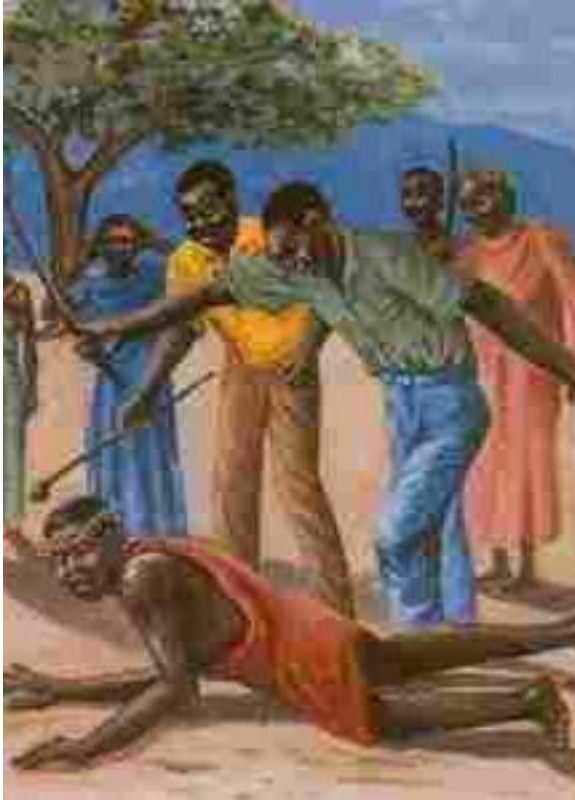
All: Our Father.... **Hail Mary**.... Glory Be to the Father....

Leader/Close: May the souls of the faithful departed, through the mercy of God, Rest in peace. The Station eight, Jesus meets the Women of Jerusalem. By Your holy cross You have redeemed the world.

All: Amen.

Jesus falls for the Third time

9



Leader/Description: Jesus, your journey has been long. You fall again, beneath your cross. You know your journey is coming to an end. You struggle and struggle. You get up and keep going. Because by your holy cross You have redeemed the world. We adore you, O Christ, and we praise you.

Youth Reader: As youngsters, sometimes we fail time and time again. We find it hard to get along with family and friends, sometimes we're not honest, sometimes we're lazy. We're tempted to stop trying. It's just too hard sometimes.

Adult Reader: As an adult, I often feel I should have conquered my weaknesses by now. I become discouraged when I'm confronted by the same problems over and over again. Sometimes I get weary and can become discouraged and depressed. You didn't give up, help me so if I fail, I have the strength to get up again and again.

All: Our Father.... Hail Mary.... **Glory Be to the Father....**

Leader/Close: May the souls of the faithful departed, through the mercy of God, Rest in peace. The Station nine, Jesus falls for the Third time. By Your holy cross You have redeemed the world.

All: Amen.

Jesus is Stripped of His Garments

10



Leader/Description: The soldiers notice you have something of value. They remove your cloak and throw dice for it. Your wounds are torn open once again. Some of the people in the crowd make fun of you. They tease you and challenge you to perform a miracle for them to see. They're not aware that you'll perform the greatest miracle of all. We adore you, O Christ, and we praise you.

Youth Reader: As youngsters, sometimes we're tempted to repeat stories we know are wrong and disrespectful. We sometimes try to act grown up by using inappropriate and bad words.

Adult Reader: As an adult, sometimes I repeat stories that are disrespectful of others. Sometimes I give others around me a bad example. Help me say things that build up the people around me. Help me set a good example for others to follow.

All: Our Father.... Hail Mary.... Glory Be to the Father....

Leader/Close: May the souls of the faithful departed, through the mercy of God, Rest in peace. The tenth Station, Jesus is Stripped of His Garments. By Your holy cross You have redeemed the world.

All: Amen

Jesus is Nailed to the Cross

11



Leader/Description: You are stretched out on the cross you have carried so far. The soldiers take big nails and drive them into your hands and feet. You feel abandoned by the people you loved so much. People seem to have gone mad. You have done nothing but good, yet they drive nails through your hands and feet. **By Your holy cross You have redeemed the world.** We adore you, O Christ, and we praise you.

Youth Reader: As youngsters, sometimes we hurt others. Sometimes we join with friends and decide not to like another. Sometimes we say or do hurtful things to my brothers...sisters...neighbors.

Adult Reader: As an adult, sometimes I discriminate against others. Even without thinking, I judge others for what I see, not necessarily what I know. Help me to live of others, family friends, and neighbors. Help me look again at the people around me. Help me see the hurt and pain I may cause in other and make amends.

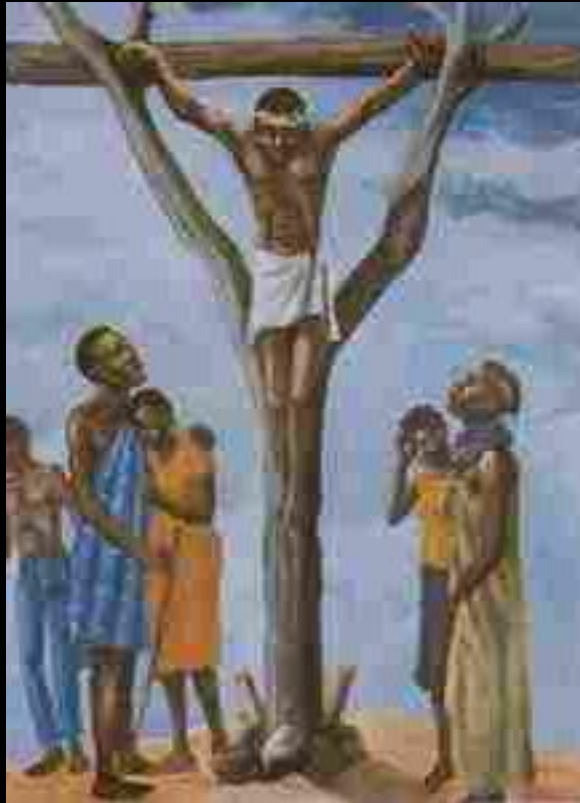
All: Our Father.... Hail Mary.... **Glory Be to the Father....**

Leader/Close: May the souls of the faithful departed, through the mercy of God, Rest in peace. The eleventh Station, Jesus is Nailed to the Cross. **By Your holy cross You have redeemed the world.**

All: Amen

Jesus Dies on the Cross

12



Leader/Description: By Your holy cross You have redeemed the world. As Jesus hung on the cross, he forgave the soldiers who had crucified him, and prayed for his mother and friends. Jesus wanted all of us to be able to live forever with God, so he gave all he had for us. We adore you, O Christ, and we praise you.

Youth Reader: Help us thank You for Your willingness to go to Your death for us. Help me understand and to express our love for You!

Adult Reader: Jesus, our Savior, three long hours did you hang in agony, and then died for us; let us live without sin, and as we do, let us love You and faithfully serve You and one another. Jesus, let us take a few moments now to consider Your love for us.

Song – Were You There When They Crucified My Lord

Leader/Close: May the souls of the faithful departed, through the mercy of God, Rest in peace. The twelfth Station, Jesus Dies on the Cross. By Your holy cross You have redeemed the world.

All: Amen

Jesus is taken down from the Cross

13



Leader/Description: Jesus, how brutally you were put to death. How gently you are taken from the cross. Your suffering and pain are ended, and you are put in the lap of your mother. The dirt and blood are wiped away. You are treated with love. By Your holy cross You have redeemed the world. We adore you, O Christ, and we praise you.

Youth Reader: As youngsters, sometimes we treat others better when they're sad or in pain. When somebody dies, we become very gentle and kind. We notice the good and kind things people say about those who have died.

Adult Reader: As an adult, I seem to be kinder when someone dies. Help me look for the good in those around me while they are alive, especially those I love the most. Help me live this day as if it were the last. Help me become a more gentle and loving person through my greater appreciation for those around me. Mary, pray for me to be kinder, gentler and more thoughtful.

All: Our Father.... **Hail Mary**.... Glory Be to the Father....

Leader/Close: May the souls of the faithful departed, through the mercy of God, Rest in peace. Station thirteen, Jesus is taken down from the Cross. By Your holy cross You have redeemed the world.

All: Amen

Jesus is Laid in the Tomb

14



Leader/Description: Jesus, your body is prepared for burial. Joseph gave you his own tomb. He laid your body there and rolled a large stone in front of it, then went home. What a sad day it has been for so many people. We adore you, O Christ, and we praise you.

Youth Reader: As youngsters, sometimes we try to keep everything for ourselves. We find it hard to share our things with others.

Adult Reader: As an adult, help me think of Joseph of Arimathea, who risked his own life as he accepted Jesus' body for burial. Help me think of how Joseph loved Jesus so much that he gave him his own tomb. Grace me with such love so that I may love others.

All: Our Father.... Hail Mary.... **Glory Be to the Father....**

Leader/Close: May the souls of the faithful departed, through the mercy of God, Rest in peace. The fourteenth Station, Jesus is Laid in the Tomb. By Your holy cross You have redeemed the world.

All: Amen

Easter - The Resurrection

“By Your holy cross You have redeemed the world.”

As we come to the conclusion of Lent and begin the three-day Liturgical Season of Triduum, the Stations of the Cross helps us to remember Jesus’s love for us.

There is a happy continuation to this story because after Triduum, we witness Christ rise again on Easter. Be Holy...

[Were You There When They Crucified My Lord](#)

