



And they will come from east and west and from north and south, and will recline at the table in the kingdom of God.

Luke 13:29

God, my God, You I seek; my soul thirsts for You, my body aches for You like a dry and weary land. Let me gaze on You in Your Temple; a vision of Strength and Glory.

(Psalm 63)



Directions to San Damiano

680 North to Danville

Exit Diablo Road

Go west on Diablo Road

Turn left at Hartz Avenue

Go one short block and
turn right on Prospect

Continue on Prospect -

bear left at fork in the road

where Prospect becomes

Highland Drive

San Damiano is up the hill one mile

at the end of Highland Drive

The physical address

is 710 Highland Drive

For questions contact:

Charissa McDonald

At (925) 485-9977

Or Luann Spindler

At (925) 484-3349

CATHOLIC COMMUNITY OF PLEASANTON



2009 Women's Retreat

'What's On Your Plate?'

Come to the women's retreat and be fed. "

I am the bread of life.
Whoever comes to me will
never be hungry, and whoever
believes in me will never be
thirsty.

John 6:35

Friday through Sunday,
February 6-8, 2009

San Damiano Retreat Center
710 Highland Dr.
Danville, CA 94526
www.sandamiano.org
(925) 837-9441

CCOP Women's Retreat February 6-8, 2009

Be fed in the midst of your dailiness. Using the New American Bible's women's study guide in the Catholic Serendipity Bible, we will explore 4 topics along with celebrating the sacraments of anointing, reconciliation, and Eucharist.

4 CCOP women will speak and share their faith journeys in relation to:

1. Cinderella Syndrome: When Life is Not a Ball.
2. Transitions: Coping with Change.
3. Real Beauty: Living in a World of Glitz.
4. Assertiveness: Holding Your Own.

Over 20 CCOP women are involved in nurturing our retreat. Won't you bring your Bible, and come away to the mountaintop with us.

Each session will include a reflective talk, prayer ritual based on Scripture and our Catholic traditions, small group sharing. There will be silent reflective time for personal prayer and journaling between group sessions.

Bring: Bible, Rosary. San Damiano has beautiful places to walk, so you will also want to bring comfortable shoes. Optional: coffee mug (going "green"), pillow (bedding is included) For free time: hobby craft, books, magazines, Journaling/Art materials, hiking shoes, running shoes. Be prepared for inclement weather.

Before 12/10 After 12/10

Double Room (per person)	\$195	\$210
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(Space is limited, register early)

These prices include the cost of meals, overnight accommodations, and materials for this retreat.

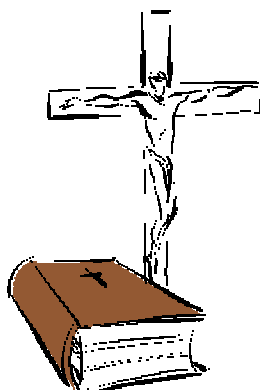
Check-In on Friday, February 6 from 5-6pm.

The retreat concludes Sunday, Feb.8 at 2pm.

Mail registration with check made payable to CCOP and mail to:

Luann Spindler
1338 Benedict Dr.
Pleasanton, CA 94566

To request financial assistance, contact:
Charissa McDonald (925) 485-9977 or
Luann Spindler (925) 484-3349



Complete this portion and return with non-refundable check payable to "CCOP" postmarked by December 10, 2008, for discounted rate.

Registration Information (please print)

Name: _____

Address: _____

City, zip: _____

Phone: _____

Email: _____

Send my confirmation by (circle one): email mail

I have arranged to room with: _____

Enclosed is my check for: _____

Please include my information on the retreat roster:

___YES ___NO