CHALLENGE of the Week

- [ ] **Take the "What I Want out of Life" list you wrote in class to the next level.** Take one action to bring you a tiny step closer to one of your dreams. Check out a related book, contact someone in your chosen field with a question, or do an extra workout or study session. Write about it here.

- [ ] **Pray a Hail Mary** each night before bed this week, for yourself and your fellow students, asking God to help you be open to what he has in store for you in the time of preparation that lies ahead. Put a note on your bedside table to help you remember.

- [ ] **Did you know that God speaks to us through the kindness of other people?** Think about all those people who help you figure out your life (parents, teachers, coaches, friends, and others), and thank one of them for something specific before our next class. Do it in person or by mail or email. Write about it in the space below.

Every time you see a word that looks like this, you can turn to the Glossary on page 234 for a detailed definition.

Closing Prayer

"For I know the plans I have for you, says the Lord, plans for welfare and not for EVIL, to give you a future and a hope." *–Jeremiah 29:11*

Heavenly Father, you created every person in this room for a holy purpose. Your LOVE for us is real, and your plan for each of us is powerful. You reveal your plans in many ways, including through our talents, our dreams, and the encouragement of those who love us. Help us to find you in silence. Inspire us, Lord, to seek you with all our hearts.