CHALLENGE of the Week

- [ ] **Inspired music:** Come to class next week with a song or image that highlights a musician or other artist's quest for God. Write about it in the space below.

- [ ] **Start a powerful new habit!** Turn off all media for 5 minutes a day and relax in a quiet place. Ask God to help you to be open to his voice in your life. Write a little about what happened in the space below.

- [ ] **Speak or write a sincere message of encouragement** to someone you know who is sick or who is sad, worried, or upset about something. Say a prayer for his or her intentions. Is there something practical you can do to help this person this week?

Closing Prayer

"But seek first his kingdom and his righteousness,
and all these things shall be yours as well." *–Matthew 6:33*

Heavenly Father, many people spend their lives chasing wealth, power, status, or fame, hoping to find happiness. Yet so often they end their lives in despair, having missed out on the greatest treasure of all: knowing and loving you. Show us our true selves, Lord, made in your image and likeness. And inspire us with a holy courage to live, not as the world dictates, but according to your perfect plan for our happiness. Amen.