CHALLENGE of the Week

- ☐ **Read from one of the Gospels** for 3 minutes every day. Take 2 minutes afterward to think about what you read. Write about it in the space below.

- ☐ **Choose a prayer space at home for a daily conversation with God.** Make sure a Bible is handy for your use along with any images or items (natural or man-made) that help you focus your mind on God. Write about it in the space below.

- ☐ **Practice your listening skills.** Meet with a close friend or family member. For a full 5 minutes, listen attentively, asking questions as needed. In the space below, write about something you learned about that person and how it affected your relationship.

Closing Prayer

"But as for you, continue in what you have learned ... and how from childhood you have been acquainted with the sacred writings which are able to instruct you for salvation through faith in Christ Jesus." *–2 Timothy 3:14-15*

Lord Jesus, you reveal yourself to us in so many ways: through the inspired words of the Bible, the teachings of the Church, the beauty of nature, and in the quiet of our own hearts. Give us the grace to respond enthusiastically to the many ways you invite us to come closer to you, and inspire us to shine as lights in a dark world. Amen.