CHALLENGE of the Week

- [ ] **This week, pray for the release of souls from PURGATORY.** Copy this powerful prayer into the space below, and offer it on behalf of those who have died. If you've recently lost someone dear to you, remember that person in particular:

  "Eternal Father, I offer you the most precious blood of your divine Son, Jesus, in union with the Masses said throughout the world today, for all the holy souls in Purgatory, for sinners everywhere, for sinners in the universal church, for those in my own home and within my family. Amen." (Prayer of St. Gertrude the Great)

- [ ] **Go to Confession this week.**
  Invite your family or friends to go with you. Plan something fun to do afterward to celebrate your fresh start. Write about it in the space below.

- [ ] **Just say it!** Is there someone with whom you need to be reconciled, someone who needs your apology or forgiveness? What are you waiting for? Talk to them or write them a letter if that would be easier. Write about your experience in the space below.

Closing Prayer

"For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord." *–Romans 6:23*

Lord Jesus, we sin and we know it. We'd like to pretend it doesn't matter and that we're not hurting anyone, but in this lesson we have learned that we damage our own souls and often the souls of others when we turn away from you.

Give us the grace to live each day with our eyes on heaven. Help us to recognize and repent of any habits or attitudes that keep us from loving you with all our hearts. Amen.