CHALLENGE of the Week

- [ ] **Do an online search for "Catholic teen saints,"** and read up on some of our youngest heroes. Write about one of them in the space below, and come prepared to talk about this saint at the next class.

- [ ] **Memorize this Holy Spirit prayer:** "Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love. Send forth your Spirit and they shall be created. And you shall renew the face of the earth" (CCC 2671).[4] Copy it in the space below, and read it aloud every day this week.

- [ ] **Prepare a meal for someone you love,** while meditating on the Holy Spirit's power to sustain each human life. Write about it in the space below.

Closing Prayer

"The spirit of God has made me, and the breath of the Almighty gives me life." *–Job 33:4*

Holy Spirit, you breathed life into every person here, and you make us strong when we trust in you. Inspire us to look more deeply into our lives for signs of your life-giving presence. Give us the words we need this week to inspire and comfort the people you have placed in our lives. Help us to know you better, so we can be more open to your guidance and more aware of our need for you in everything we do. Amen.